



Tracy's Sanctuary House

908 N 8th Street
Bismarck, ND 58501
258-5889
www.tracyssanctuary.com

Winter 2007

Executive Director

Bruce Rittel – 222-2703

Board Members

Don Arndt – 597-3705

Brenda Norton – 654-7579

Mavis Christianson – 258-0560

Coordinators

Decorating

Peggy Arndt - 597-3705

Maintenance/Remodeling

Don Arndt - 597-3705

Mission/Donation

Eden Mengustu – 255-1903

Thank You/Donation

Bernice Geiger – 223-1086

Guest Services Aide

Rose Voegele - 355-7401

Individual Donor/Fundraising

Jean Neumann – 226-2931

Donation Applications/Grants

Dave Kline – 224-9260

Web Page

Ken Norton – 654-7579

Admissions Volunteer

Eden Mengustu

Special Events/Projects Volunteers

Lana Anderson

Terri Anderson

Katie Bommersbach

Nick Choukalos

Doris Dockter

Carol Ley

Karen Mugglie

George Paraskeva

Irene Rankin

Grace Rude

Colleen Sand

Dear Friends of Tracy's Sanctuary House:

Where to start? In the past six months we have accomplished so much, it's hard to know where to begin! Maybe the best thing to do is to start where we left off last August.

The basement project was completed this Fall. Don and Peggy Arndt, along with an insulating contractor, a sheetrock contractor, and a gang of volunteers, worked on making the basement warmer for our guests. They furred out the concrete walls, added insulation, added sheet rock, and finally painted the walls. Peggy then worked her magic and decorated the rooms—again! Each bedroom now boasts a queen size bed as well as a rocker/recliner. The larger room also has a twin size bed for those families who need more sleeping space.



needed to be removed. Oh well, the wall-washing volunteers got a good work out and didn't have to go to the gym to do it! After most of the stucco was removed, the walls were furred out,



Once the dust settled from the basement, it was on to converting the garage into a chapel. Several volunteers got together and washed the walls to get them ready to paint, only to discover that the stucco was crumbling and



insulated, and sheet rocked. Two coats of paint later, the artists got busy. Alice Robinson and Donna Vallarano donated their time and talent to paint murals on the walls. The pews, altar candlesticks, and bible are from Tracy's hometown church in Flasher, ND. If you haven't seen the chapel, be sure to

stop by to get a first-hand look. Sometime this spring or summer, the artists will be back to finish painting the ceiling to look like a summer sky.

(Photos by Katie Bommersbach)

Congratulations

Jean Neumann has become the Individual Donor/Fundraising Coordinator. She will be maintaining a database of donors and sending them info on TSH on a regular basis.

Please Welcome

Dave Kline who will be searching out grants and other donation sources.

Goodbye To

Janet Michelson, Admissions Volunteer. Janet has taken a job in Alaska and will be there for the next two years. Good luck, Janet—we will miss you!

Volunteers Needed

- ✓ Urgent need for another Admissions Volunteer. Since Janet has moved, Eden has been shouldering this responsibility alone. If you are willing or know of someone who would fit this position, please let us know.
- ✓ For Volunteer Coordinator position. Due to other obligations, Doris Dockter was not able to continue as Volunteer Coordinator. But she still volunteers when she has time!
- ✓ To shovel the sidewalk and driveway when it snows.
- ✓ To hook up the printer, scanner and fax to the computer.

Memorials

Donors to Tracy's Sanctuary House have recently honored the memory of:

- ♥ Alisia Becker
- ♥ Patrick Feiler
- ♥ Bruce Geiger
- ♥ Leo Geiger
- ♥ Lowell Hamar
- ♥ Katherine Neils
- ♥ Wanda Helen Roszkowski
- ♥ Remi Stecher
- ♥ Harley & Viola Summers
- ♥ Elda Thiel
- ♥ Jill Marie Welder

We have also moved the volunteer office to the basement utility room. Now, we will be able to add a twin bed to the "sunroom." The move also gives the guests and us a little more privacy. By the way, we are still looking for a twin bed for the sunroom.

The paint in the Chapel was barely dry before we had our *First Anniversary Open House and Dedication of the Chapel* on December 10. The dedication was given by Pastor Don Wagner of Elbow Lake, MN who gave the dedication of the House last year. Executive Director, Bruce Rittel, and Board Member, Don Arndt, were interviewed by the local TV



channels and an article also appeared in the newspaper about our open house. Over 75 people attended, and we received over \$900 in donations. We give our many thanks to the volunteers who covered all the details to make this event so successful: designing the invitations, sending them out, braving the bitter cold weather (-14°) to post flyers all over town, baking cookies, and serving as hostesses and tour guides during the open house itself—just to name a few tasks.



In September, Eden Mengustu attended the NAHHH convention in Denver, CO. Due to Eden's efforts, TSH was the recipient of a scholarship from NAHHH that covered the cost of the registration fee. Keith Laken, the executive director of LifeLine Pilots (and current president of NAHHH), offered Eden a "ride" to Denver which helped reduce our costs tremendously. A big THANK YOU goes out to both NAHHH and Keith for their generous contributions. Without these contributions, attending the conference may not have been possible.

With the help of Dave Kline, our new Donation/Grant Coordinator, we have been busy submitting donation applications to various businesses. We have been approved for, and will be receiving, the Bismarck Tribune Jeans Day contributions for January 2007. We are still waiting to hear about the rest of the applications, so keep your fingers crossed!

We have also been doing some active fundraising. In November, we participated in Herberger's Community Days coupon booklet sales. For every book we sold, we received \$5. We received over \$700 through this campaign. Jean Neumann, our new Individual Donor

Our Guests Comment . . .

“Thank you so much for allowing my family to stay here. It was such a blessing to get away from the hospital and relax and sleep. We will always remember this place and hope to send you more donations. Thank you again.”

- The family of Vera

“Thank you so much for the “home away from home” – was very comfortable; very restful night. Think you have a wonderful home here. God Bless You!!

- Harold & Carol

“Thank you so very much for the nice warm comfortable home to stay in while my mother was in St. A's! It is such a great place and thanks to the great family of Tracy's to have shared so much with others as well as myself (truly Angels among us). I truly appreciated the stay and the warmth of the home and the angels throughout the home as well as you, Eden, for your help and concerns of Mother and the progress for her recovery. I will never forget your kindness and help or Tracy's Sanctuary—a place to rest, pray, cry and laugh. God is Good!! and so are all of you at the Sanctuary. Bless you all and may God bless you.”

- Nori & Dale

“Thank you so much for all Tracy's Sanctuary House has done for us. Words can't express our gratitude. God bless all of you.

- Richard & Gloriann

TSH is a 501c3 non-profit organization and receives no funding from federal, state, or local agencies or from any hospital/clinic. Donations are tax deductible.

Coordinator, contacted local physicians and other community members informing them of TSH as well as encouraging them to donate. This effort generated over \$3500. Bernice Geiger has also been instrumental in getting donations and supplies for the House, such as a new mattress and box spring, and a gift card which was used to purchase two new TVs for the basement bedrooms.

Future projects and things “to-do”:

- Installing heat and more lighting in the chapel.
- Repairing and creating a memorial walkway to the chapel. We will be getting estimates on repairing the broken concrete and adding bricks for a memorial walkway.
- Widening the entrance to the driveway. We will be submitting an application to the City for approval to widen the driveway. Since the driveway was built for 1920's cars, it is quite narrow which has made backing out of the driveway challenging to say the least. By widening the driveway, it will be easier and safer to back out.
- We again hope to send Eden to the National Association of Hospital Hospitality Houses (NAHHH) convention in September in North Carolina. She attended the conference last fall and came back with a boatload of ideas. We would like to obtain donations to cover the cost of this conference, so if anyone would like to contribute, we sure would appreciate it!

We have been getting very positive feedback about the House from not only our guests, but from the community and other visitors. (See the *Our Guests Comment* in the column on the left). We have also given tours of the House to several local and out-of-town service organizations and clubs. If you know of a group who would like a tour of the House or would like a presentation at their meeting, please contact Eden.

In closing, we wish to thank **all** of our volunteers. Tracy's Sanctuary House is run and operated solely by volunteers. Without them, TSH would not exist. They are the core of our success.

P.S. To help spread the news, please pass this newsletter on to your neighbors, friends, or coworkers. If you would prefer to receive this update by email, please email your address to: mavrog@juno.com Thank you!

Contributors

Below are individuals, former guests, businesses, service organizations, clubs, and schools that have donated cash, supplies, or their time and talents in support of Tracy's Sanctuary House. Your support means we can continue our mission of providing a place of solace—you have our endless thanks!

A Buck or So Dollar Store
Aardahl, Karen
Aaser, Richard & Cindy
Addo, Dr. F.E. & Kate
Adducci, Dr. Chris & Helen
Aetna Volunteer Council-Bismarck
Altringer, Dr. Bill & Sandra
Anagnost, Dean & Shawn
Anderson, Marva
Andrade, Darlene
ARC Thrift Store
Arndt, Megan E. & Scott
Arndt, Shirley & Carl
Bakken, Marilyn
Barondeau, Deb
Basin Electric Power Cooperative
Bauske, Brian L. or Shelly A.
Beadle, Elizabeth & Charles
Becker, Tom or Carrie
Beglau, Rebecca
Berger, Robynn
Besser, Bernard & Rose
Beta Sigma Phi, Xi-Omicron Ch.
Bieber, Cliff
Bis-Man Newcomers Club
Bis-Man Retired Teachers Assoc.
Bismarck Soccer League, Inc.
Bismarck Tribune
BNC Insurance Inc.
Bockman, Harold & Carol
Bonanza, Mandan
Bosch, Charles & Pamela
Bossert, Lorraine
Brady Martz & Associates, PC
Bread Poets – Jon Lee
Bruins, Betty Schumacher
Buchholz, Shirley & Laurence
Bullinger, Heather
Bunco Babies
Burgess, Sylvia
Burleigh County Social Services
C.W. Drywall
Calvary United Methodist Women
Carlson, Christopher A. & Evy
Carlson, Colleen
Cashman Nursery
Cash-Wise Foods
Chapter AK P.E.O. Sisterhood
Choukalos, Nick
Christ The King Church
Chuck
Chuppe, Dr. Steven & Debra
Cloverdale Foods – Steve Russell
Cleary, Dr. Bill & Jane
Collins, James & Michelle
Connell, Drs Joan & M. Jankoviak
Conway, Iris
Cox, Daniel & Monika
Custom Endodontics
Dahl, Dr. Chuck & Karen
Dan's Supermarket
Dau, Gladys
Davies, Sydney
Dehne, Lyia
Deichert, Dennis & Carol
Diede, Dale & Nori
Diede, Dr. Stan & Peggy
Disrud, Helen & Mary Lou Stevens
Dohman, Ardy
Dopson, Dr. Lorraine & Dr. R. Arazi
Dreyer, Marny
Dunnigan, Dr. Earl
Eberle, Mike
Edsons Construction
Ekberg, Bill & Marietta
Fagerstrom, Robert & Maria
Faller, Ludwina F.
Fedro, Jill & Gary

Ferderer, Irene
Fetsch, Carol
Fevold, Dick & Judy
Field, Dr. David & Sherri
Fisher, Gerard & Sharon
Flash Printing
Flasher Community Credit Union
Flasher FCCLA Public Sch. Dist.
Fleck, Michael & Nancy
Floor to Ceiling Store
Frederick, Vern & Bonnie
Fredericksen, Julie M.
Fricke, Alice
Gall, Renae & Bilicki
Gall, Wesley & Betty
Garrison State Bank & Trust
Gate City Bank
Gayton, Dr. David & Karen
Gervig, Katie
Geselle, Marilyn
Girl Scout Troop 3111
Glaser, Ron & Sandi
Glencoe Presbyterian Women
Hamar, Dr. Steven K & Donna
Harkness, Russ & Cindy
Harris, Scott & Bonnie
Heaven's to Betsy – Betsy Licha
Heck, Diane
Heer, Madeline
Held, Maranda
Herbergers at Kirkwood Mall
Hesche, Bruce & Christi
Hibl, Albert W. or Margaret
Higgins, Samuel & Darleen
Hildenbrand, Johnny & Marge
Hillius, Norma & Dave
Hoberg, Mary Norum
Hoffman, Gerhard H.
Hord, Arlene
Hornor, Ross & Beth
Hostetter, Mrs. Kim & Dr. Jeff
House of Prayer
House of Prayer Women
Hughes, Dr. James & Elizabeth
IKeating Furniture – Bismarck
IKeating Furniture - Minot
Interiors by France
Jans, Brenda
Janzer, Tom
Jeffcoat-Sacco, Paul C & Illona
Jensen, Dana & Family
Jensen, Ruth
Johnson, Dick & Delores
Johnson, Dr. M.D.
Johnson, Mary Ann
Johnson, Nicole & Adam
Johnson, Steve & Francine
J.O.Y. Fellowship, New Salem
Jundt, Mr. & Mrs. Wayne
Just, Annette
Kaschel, Margaret
Kautzman, Gwen
Ken's Flower Shop
Kienzle, Michael & Sandra
Kinsella, Daniel J. & Jamie
Kirschmann, Bernard & Anita
KFYR TV
Klein, Dr. Scott & Janis
Knutson, Dr. Ron & Ruth
Kobs, Dorothy
Kovar Ranch, Flasher
Kranig, Josephine & Janell
Kriengkrairut, Drs. Somsak & Siriwan
Krush, Tony & Rose
Kunkel, Allan & Jane
Kyllo, Bernie & Frances
KXMB 12
Lang-Heinle, Gayla

Larsen, David L. or Zondra
Larsen, Mrs. Susan & Dr. David
Laszewski, Drs. Michael J. & Linda
Laure's Banner & Print Studio
Ledahl Schmidt, Peggy & Dan
Leingang, Dr. Gordon & Mrs. Jackie
Leis, Orvin J. & Donna M.
Lenihan, Thomas & Bonita
Leonard, E. Francine & Kermit
Lifeline Pilots-Keith Laken Exec.Dir.
Lillian
Lindelow, Dr. Vic & Betty
Lisko, Clara
Livingston, Melba
Loeffelbein, Irene
Long, Dr. Daniel J. & Debra K.
Lunde, Teri
Macintosh, Scott & Loree
Magic Mirror Beauty Salon
Mahrer, Roger & Isabelle
Makeeff, Eric & Corinna
Mandan Golden "K" Kiwanis
Maring Williams Law Office PC
Mathison's
Mayer, Kathy Wilson
MedCenter One Friends
Meier, Paul
Meissel, Elmer G. & Darlene L.
Meldahl, Nellie M.
Mendoza, Dr. Pedro & Lisa
Merry Mixers Homemakers Club
Meyer, Henry & Janet
Michelsen, Timothy & Janelle
Mid Dakota Ins. Inc.
Miller Insulation, Mandan
Miller, Floramay
Miller, Irene
Miller, Olivia
Mitzel, Kathleen & Blair
Moffitt, Jenna & Julie
Moore, Raleigh & Janice
Murschel, George & Mary Ann
Murthy, Dr. Sanathana & Surekha
Nat'l Assoc. of Hosp. Houses, Inc.
Nat'l Information Solutions Coop.
ND Guaranty & Title Co.
ND University System
NDPERS
Neils, Howard & Dorothy
Nellermoe, CW & Nora
Nelson, Cora
Nelson, Nancy
Ness, Barry & Joyce
Neumann, Dr. Nick & Jean
NoDak Sportsmen's Club
Northridge Elementary
Nygard, Charlie & Kay
Oahe Women's Club, Mandan
Obritsch, Dr. Jerry & Nancy
Olson, Norman & Karen
Optimist Club of Bismarck
P.E.O Chapter AA
Patrick, Chris
Paulo, Dr. Monica
Payne, Arlette
Petesch, Mark & Tammy
Pfeifle, Gladys
Phi Theta Kappa (BSC)
Pickar, Ron & Jan
Pins, Joel J.
Pioneer Construction, Inc.
Porter, Jenifer
Presort Plus Inc.
Procedural Coders of Bismarck
Pulley Flats Ranch, Flasher
Qwest Employees
Reardon, Carol
Reisenauer, Donna

Renkin, Ruth
Richter, David & Susan
Riedman, Karol - CPA
Rittel, Doug & Bert
Riverside Homemakers
Robinson, Hugh & Alice
Robinson, Robert W. & Linda
Rocks & Blocks Inc.
Rodacker, Joan
Roller, Dr. Ben & Diane
Roosevelt Elementary School
Roth, Ray & Judy
Roughriders Impala Club
Ruth Circle-First Lutheran Church
Sagsveen, Andrea, Drew, & Aaron
Salem UCC Women's Fellowship
Satrom, Joseph & Katherine
Sauer, Jennifer
Sauer, Joyce M.
Schaeffer, Allen & Diane
Schafer, Clara
Schauer Schmidt Hearing Center
Schiermeister, Durant & Sharon
Schlickemayer, Gwen
Schmidt, Gene & Pamela
Schmidt Insurance
Schneeberger, Lorn & Kathryn
Schramm, Arvada
Schroeder, Connie
Senger & Associates
Seth, Dr. Vinod & Aruna
Solberg, Beverly N.
Solheim Elementary
Source Security Employees
Sprynczynatyk, Mr. & Mrs. Rick
St. Alexius Comm. Credit Union
St. Pauls WELCA, Dodge
Starbucks
Stecher, Aggie
Stecher, Tami
Stephan, Ann & Marybeth Storey
Sterling UMW
Streigel, Rita
Stroup, James & Lavonne
Stubert, Alice
Swenson, Dr. Wayne & Lois
Telephone Pioneers of America
Tello, Dr. Abel & Mrs. Enith
Thiel, Elda - Family of
Time Rental, Mandan
Tjaden, Sandy
Toman, Leo & Harriet
True Value Hardware
US Food Service
Vallarano, Donna
Vetter, Louise
Vilhauer, Nelda
Vossler, Aletha
Wagner, Pastor Don & Jolene
Wal-Mart
Wangler, Joanne
Welder, Ona J.
Wentz, Pamela J. & Kevin
Werner, Clarence & Gertrude
Werner, Harlan & Mary
Werner, Mark & Eria
Werner, Shelly
White, Dr. Pete & Jane
Wiedrich, Michelle
Williams, Dr. E.H. & Mrs. Dorothy
Women's Fellowship, New Salem
Work Force Safety & Ins.
Zeller, Marjorie
Zinter, Nancy
Zion Lutheran Church, Berthold
Zion Lutheran Women, Berthold
Zonta Club