



Tracy's Sanctuary House

908 N 8th Street
Bismarck, ND 58501
258-5889
www.tracyssanctuary.com

Spring 2008

Executive Director

Bruce Rittel – 222-2703

Assistant Executive Director

Eden Mengustu – 255-1903

Board Members

Bruce Rittel – 222-2703

Don & Peggy Arndt – 597-3705

Scott & Megan Arndt – 663-3251

Eden Mengustu – 255-1903

Mavis Christianson – 258-0560

Coordinators

Decorating

Peggy Arndt - 597-3705

Maintenance/Remodeling

Don Arndt - 597-3705

Mission/Donation

Eden Mengustu – 255-1903

Thank You/Donation

Bernice Geiger – 223-1086

Individual Donor/Fundraising

Jean Neumann – 226-2931

Newsletter

Megan Arndt - 663-3251

Volunteer Recognition

Joyce Ness - 258-3864

Web Page

Ken Norton – 654-7579

Admissions Volunteer

Eden Mengustu

Special Events/Projects Volunteers

Rae Bloom

Katie Bommersbach

Doris Dockter

Madeline Heer

Carol Ley

Char & Gordon Matthiesen

Jane & Kent Morrow

Teryl Schmitt

Diane Weber

Dear Friends of Tracy's Sanctuary House:

Hello everyone! It has been very busy at Tracy's Sanctuary House over the past months. Here are some of the highlights:

We have a beautiful new pond in the backyard, courtesy of Schneider's Flowerama and the United Way Day of Caring. We were fortunate enough to have 12 volunteers from area businesses, Don Arndt, Peggy Arndt, Andy Schneider, and a crew from Schneider's Flowerama on hand to complete the project in one day.

This is what the volunteers started with . . .



And this is the beautiful result . . .



Volunteers Of The Month

June 07- Jean Neumann
 August 07- Eden Mengustu
 September 07- Bernice Geiger
 October 07- Mavis Christianson
 November 07- Don & Peggy Arndt
 January 08- Katie Bommerersbach
 February 08- Carol Ley
 March 08- Joyce Ness

Wish List

1. Fridge
2. VCR/DVD player (3)
3. Foldable 3-step stool
4. Fire-proof safe (small)
5. Office supplies-stamps, copy paper, file folders, envelopes (#10), address labels
6. Thank you cards, sympathy cards
7. Long-distance phone cards
8. Upright vacuum
9. Hand-held vacuum
10. Garden hoe
11. Matching queen size & twin size bed spread (with ruffle)
12. Laundry detergent, bath tissue, paper towels, napkins
13. Twin size box spring and mattress

Gift Certificates to:

1. Grocery stores
2. Wal Mart, Target, K-Mart, Kirkwood Mall

Volunteers Needed

- ✓ Urgent need for a Volunteer Coordinator

Memorials

Donors to Tracy's Sanctuary House have recently honored the memory of:

- ♥ Gene Berquist
- ♥ Donna Kopfmann
- ♥ Florence Neumann
- ♥ Wanda Roszkowski
- ♥ Shirley Shumake



LtoR standing: Katie Bommerersbach, Michael Schneider, Jack Hendrickson, Claudine Galt, Peggy & Don Arndt, Marla Belohlavek, Julie Kubisiak, Shirley Vetter, Sue Seminary, Cheryl Arndt, Andy Schneider; sitting: Donna Roll, Marcy Aldinger, Laura Teigen, Sue Nuelle, Char Feist,, Dawson Schields

After the pond was completed, the volunteers donated a beautiful angel statue.

Our Assistant Executive Director, Eden Mengustu attended the NAHHH conference in Asheville, NC for a week in September. With all of her experience, Eden was selected to be a mentor to 3 new individuals at the conference.

Tracy's Sanctuary House was able to give back to the community by sharing some of our hotel samples, stuffed animals, and canned goods with the CARE program and Open Your Heart Campaign.

We hosted our 3rd Annual Open House on December 8, 2007. There was a wonderful turn out especially considering how cold it was. The organization R.S.V.P was kind enough to bake all of the goodies served at our open house.



Eden Mengustu & Rev. Darrel Aleson

Our Guests Comment . . .

"Words cannot express my gratitude for the kindness you extended to me time and time again. Your group of volunteers will forever be in my thoughts and prayers. I will never forget all you did to help me get through a difficult time."

- Renee

"Such a wonderful refuge after a long day at the hospital."

- Gene

"We felt so at home here. I think Tracy would have been so proud of this place and the comfort and restful place it provides to families in need. It is hard to put into words how grateful we are that a place like this exists."

-Vi

"May Tracy's Sanctuary House be a safe haven to all who come here. May it be a place of healing, hope, and light to those in the darkness."

-Mary Ann

Tours

If you know of a group who would like a tour of the House or would like a presentation at their meeting, please contact Eden.



Terri Camp, Tracy Arndt, Michelle Faris, Lorene Andrews (seated), Deetta Schindler

Our volunteers have given numerous presentations over the past months. Here are a few:

- YA YA Friendship Club
- Medcenter One Coordinators and Social Workers
- St. A's Social Workers and Coordinators
- VFW
- Optimist Club
- Sertoma Club
- Sam McQuade Banquet
- Capital Electric Roundup
- Oahe Women's Club
- Mandan Refinery Retired Group
- Calvary United Methodist Church
- Sunday Caring Single Group
- A Local Women's Motorcycle Group
- Evangel Temple Group
- Tuesday Topic Homemakers
- Delta Kappa Gamma PHI Chapter
- Tidy Friendship Club
- Women's Life – New Salem

Thank you to all organizations that have invited us to share our mission.

Our Guest Service Aide, Rose Voegele, retired on January 31, 2008. Thank you, Rose, for all you have done for Tracy's Sanctuary House. You will be greatly missed.

Since Rose has retired, we are looking to fill her position. This is supported by Experience Works, which means there are some age and income requirements. Currently, the duties include housekeeping, stocking kitchens and pantries, answering phones, and tending to guests. If you are 55 or older and looking to work approximately 20 hours per week, please contact Eden.

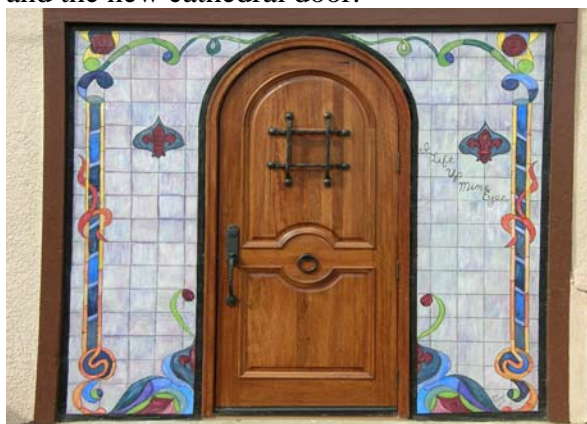
Chapel Update:

New carpet has been installed as well as a beautiful new door and trim. All of the decorative painting has been completed, as well as installation of new stairs and railing.

Here is the completed mural in the chapel



and the new cathedral door.

**Future projects and things to-do:**

- New flooring in the upstairs bathroom
- Replacing the ceiling in the upstairs dining room
- Replacing outside faucets to prevent freezing
- Replacing the driveway

In closing, we wish to thank **all** of our volunteers. Tracy's Sanctuary House is run and operated solely by volunteers. Without them, TSH would not exist. They are the core of our success.

TSH is a 501c3 non-profit organization and receives no funding from federal, state, or local agencies or from any hospital/clinic. Donations are tax deductible.

P.S. To help spread the news, please pass this newsletter on to your neighbors, friends, and coworkers. If you would prefer to receive this update by email, please email your address to: mavrog@juno.com Thank you!

Contributors

February 2007-April 2008

Below are individuals, former guests, businesses, service organizations, clubs, and schools that have donated cash, supplies, or their time and talents in support of Tracy's Sanctuary House. Your support means we can continue our mission of providing a place of solace—you have our endless thanks!

Aardahl, Karen	Delta Kappa Gamma Phi Chapter, Wing	Lengowski, Thomas DDS	Satrom, Joseph & Katherine
Addo, Dr. F.E. and Kate	Disrud, Helen	Lindbo, Tamra & Len	Sauer, Joyce M.
Aetna Foundation - Princeton, NJ	Dohman, Ardy	Lovold, Dorothy	Saxton, Mary, Vince & Paul
Aetna Volunteer Council, Bismarck Chapter	Dollinger, Maggie	Lunde, Teri	Schafer, Clara
Aleson, Rev. Darrel	Dordal, Paul R. & Laureen M.	Lundquist, Oscar & Cynthia	Scheels
Anagnost, Dean & Shawn	Dunn, I.M.	Luther, Darrell & Tammy	Schiermeister, Durant & Sharon
Anderson, Marva	Ebenezer United Methodist Women	Luther, Katrina	Schindler, DeEtta
Anderson, Mary	Eberle, Mike	Magic Mirror Beauty Salon - Flasher	Schmidt, Gene & Pamela
Anna North Central's Centennial, Dickinson	Ecklund, Forrest W. & Alyce	Malaktaris, Tony DDS	Schmidt Insurance Services, Inc.
Andrews, Lyle	Ehrmantrout, Donald & Rita	Mandan Golden "K" Kiwanis	Schmitt, Teryl
Arndt, Cheryl	Fagerstrom, Robert & Marie	McCabe UMC	Schneider's Flowerama
Arndt, Megan E. & Scott	Faller, Ludwina F.	McCarthy, Jennifer & Michael	Schramm, Arvada & Clayton
Arndt, Nita	Faris, Michelle	McDaniel, Ida P.	Schultze, Andrew DDS
Arndt, Tracy A., & Kent Fitzgerald	Faut, Marvin	McDonalds	Schwab, Janet
Arness, Donald G. & Betty L.	Feist, Mr & Mrs. Francis	MDU Resources Group, Inc.	Schwab, Michelle
Axvig, Daniel DDS	Fjeld, Jerome A. & Julie	Medcenter One Hospital Auxiliary	Scott, Mary
Bachmeier, Jennie	Fleck, Michael & Nancy	Merrill, Stephen & Janet Smith	Skaare, Marlene
Basin Electric	Forde, Lyle & Jane	Merry Mrs. Homemakers Club	Smooth Transitions
Bauske, Brian L. & Shelly A.	Fowler Photography	Meyer, Sheryl M.	Solberg, Beverly N.
Beadle, Elizabeth & Charles	Frederick, Bonnie & Vern	MidContinent Communications	Solberg, Clifford & Mary
Bergquist, Ann	Frey, Donna	Miessel, Darlene	Sorenson, Perry & Regina
Bergquist, Viola	Gall, Wesley & Betty	Miller, Marsha	Spotts, Ollie
Bernier, Doreen & Quinten	Gate City Bank	Miller, Olivia	St. Alexius Community Credit Union
Besser, Rose & Bernard	Gayton, Dr. David & Karen	Monson, Annela	St. Anne School
Beta Sigma Phi, Xi-Omicron Ch.	Gifford, Jesse & Marcia	Moos, Lorraine	St. Mary's 8th Grade Confirmation Students
Binegar, Cindy	Gilchrist, Kevin DDS	Mor-Gran-Sou Electric Co-Op Inc.	State Historical Society
Bismarck Rental Inc.	Glencoe Presbyterian Woman	Morton County Chapter of Thrivent Financial	Steckler, Terrence & Diane
Bismarck Sertoma Club	Glover, Jean C.	Murie, Mark	Stephan, Ann & Marybeth Storey
Bismarck Tribune - Lynae Hanson	Goldade, Esther & Laurie Frueh	Murthy, Dr. Sanathana & Surekha	Sterling UMW
Bjork, Kevin DDS	Gonzales, John DDS	N.D. University System	Stevens, Mary Lou
BNC National Bank	Good Shepherd Lutheran Church	National Information Solutions Coop.	Striegel, Rita
Bobcat Company	Greene, Maryann	National Management Association -	Sunday Caring Singles
Bockman, Harold & Carol	Gross, Stephen DDS	Medcenter One Chapter	Swenson, Harley & Margaret
Bonanza	Grunseth, John DDS	NDHFA Employee Fund	Taylor's Oilfield Manufacturing, Inc. - Houston, TX
Borner, Lavan and Lloyd	Guenther, Joanne	Ness, Joyce	Tesoro Companies, Inc.
BP Volunteers - Mandan	Gullicks, Charles A. & Claudia	Neumann, Dr. Nick & Jean	Tetlak, Amanda
Brend, A.L. DDS	Gunderson, Lisa	New Frontier Homes - Watkins, CO	Tidy Friendship Club
Brend, L.O. DDS	Henninger, Tami & Mark	NoDak Sportsmen's Club	Toman, Leo & Harriet
Bruton, Steve & Georgia	Heringer, Everett DDS	Norberg, Gail	Trinity Christian School - Williston
Buchanan, Paul T. & Renee R.	Hesche, Bruce & Christi	Oahe Women's Club	UHS German Club - Underwood
Buchholz, Shirley & Laurence	Hieb, Richard DDS	Opp, Kim L. & Wendy S.	Ulmer, Janet
Burgess, Sylvia	Higgins, Darleen & Samuel	Optimist Club of Bismarck	VanErem, Kay DDS
Butschat, Dee M.	Hillius, Norma & Dave	Oxendahl, Karen M.	Verdouw, Joan
Calvary United Methodist Church	Hoberg, Mary Norum & Allen C.	Paper & Ink - Hot Springs, AR	Vetter, Louise
Calvary United Methodist Women	Hopfauf, James & Lenore	Payne, Arlette and Oscar Peterson	Vilhauer, Nelda
Camp, Lowell	Hostetter, Mrs. Kim & Dr. Jeff	Pins, Patrick	Vogel, M.L. DDS
Camp, Terri	Hruby, Duane & Cathy	Portra, Richard S. & Alice F.	Vossler Quilters
Capital Electric Cooperative, Inc.	J & R Vacuum & Sewing Centers	Procedural Coders of Bismarck	Vossler, Aletha
Carlson, Dr. Hugh & Colleen	J.O.Y. Fellowship	Rafferty, Jack D. & Lorraine	Wachter Middle School - Pam Wagner, Special Education
Caron, Linda G.	Jeffcoat-Sacco, Paul C. & Illona	Rafferty, Sandy	Wagner, Pastor Don & Jolene
Carrier, S.R.	Jundt, Mr. and Mrs. Wayne	Raszler, Jeff W. & Carlene J.	Welder, Ona J.
Charity Lutheran Church	Jungels, Michael & Christina	Renner, Sandy	Wentz, Pamela J. & Kevin
Chuppe, Dr. Steven & Debra	Just, Annette	Renton, Linda	Werner, Mark & Erla
Cleary, Dr. Bill & Jane	Kadrmaz, Lee & Jackson, Inc.	Riedman, Michael & Karol	Woman's Life Insurance Society
Cochran, Elizabeth	Kapla, Thomas DDS	Rittel, Doug & Bert	Woman's Life Insurance - New Salem
Corpus Christi Sacred Heart Guild	Kelly, Terry	Riverside Homemakers	Woman's Life Insurance, C742 - Almont
Custom Endodontics - Dr. Steffan Scherer	Ken's Flower Shop	Roethler, J. Kenneth & Donna	Work Force Safety & Ins.
Dakota Community Bank Good Neighbor Club	KFYR-TV 5	Ross, Sherri	Ya Ya Friendship Club
Daniolos, Vasiliki, Peter T. & Athena	Kienzle, Michael & Sandra	Roth, Ray and Judy	York, Thomas DDS
Danmark Property Services	Knudsen, Dean DDS	Roughrider Camping Club	Zeller, Carl & Adeline
Deeter, Dr. Lucas	Knutson, Lane	Roughriders Impala Club	Zinter, Ricky L. & Nancy
Deeter, Dr. Nathan	Kobs, Dorothy	RSVP	
Deeter, Matt DDS	Koch, Deb	Rustic Accents	
Deeter, Terry DDS	Koch, Robert & Lisa	Ruth Circle of First Lutheran Church	
Deichert, Dennis L. & Carol	Kopfmann, Mrs. Donna & Rev. Darwin	Salem United Church of Christ	
	Krogstad, Sheila	Sam McQuade Sr. Budweiser Charity Softball Tournament	
	Landis, Julie, LeRoy & Trish	Sandaker, Maurice & Gladys	
	Lee, Jon - Bread Poets		
	Leingang, Dr. Gordon & Jackie		

Our apologies if we have inadvertently missed anyone.