



Tracy's Sanctuary House

908 N 8th Street
Bismarck, ND 58501
258-5889
www.tracyssanctuary.com

Winter 2008

Executive Director
Bruce Rittel

Assistant Executive Director
Mission/Donation
Admissions
Eden Mengustu

Board Members
Bruce Rittel
Don & Peggy Arndt
Scott & Megan Arndt
Eden Mengustu
Mavis Christianson

Coordinators
Decorating
Peggy Arndt

Maintenance/Remodeling
Don Arndt

Thank You/Donation
Bernice Geiger

Office
Mavis Christianson

Newsletter
Katie Bommersbach

Yard & Garden
Gordon & Char Matthiesen

Volunteer/Birthday Recognition
Joyce Ness

Web Page
Ken Norton

Special Events/Projects Volunteers
Doris Dockter
Madeline Heer
Carol Ley
Melinda Schirado
Teryl Schmitt
Diane Weber

Volunteers Needed

New volunteers welcomed! Please call 258-5889 if you are interested.

Dear Friends of Tracy's Sanctuary House:

Hello everyone! It has been very busy at Tracy's Sanctuary House since our spring newsletter. Here are some of the highlights:

Events And Activities

Bismarck-Mandan Garden Club Walk

Early this summer found Char and Gordon Matthiesen busy in the yard and garden. Although they always do a wonderful job with the lawn and garden, this was an extra special time. Tracy's Sanctuary House was honored to be a part of the Garden Club's Garden Walk that was held on July 15th.

Girl and Boy Scouts Volunteer at Tracy's Sanctuary House.

Four local Girl Scouts did work in the yard and garden to prepare for the Garden Walk. They also worked in the yard while Char and Gordon, who normally do the outside work, were on a well deserved vacation.



The Girl Scouts built this beautiful planter.



Anna, Brandy, Alexis and Ellie carefully choose plants for the new planter.

Volunteers Of The Month

April 08 – Bruce Rittel

June 08 – Char & Gordon Matthiesen

August 08 – Diane Weber

Welcome To...

Diane Weber, who has already been a big help as a house attendant among many other duties.

Melinda Schriado is welcomed to our volunteer staff. We are fortunate to have Melinda do a wonderful job of cleaning and organizing.

Both of these new volunteers have been a blessing!

Goodbye To...

Jean Neumann who has been a dedicated volunteer, maintaining our database, working at volunteer booths, open houses, checking on the house along with many other duties. Jean will be missed but not forgotten. Thanks again for your service.

Wish List

1. Fridge
2. VCR/DVD player (3)
3. Foldable 3-step stool
4. Fire-proof safe (small)
5. Office supplies-stamps, copy paper, file folders, envelopes (#10), address labels (#5160)
6. Thank you cards, sympathy cards
7. Long-distance phone cards
8. Hand-held vacuum
9. Laundry detergent, bath tissue, paper towels, napkins
10. Pillows
11. Queen & full size sheets and blankets

Gift Certificates to:

1. Grocery Stores
2. Wal-Mart, Target, K-Mart, Kirkwood Mall

The Boy Scouts also did some outside work for us by placing pavers in the back yard. They also provided and placed rock in the flower beds. This is very hard work and we appreciate the help tremendously.

Thanks to all the scouts that helped on these projects. Scouting forms our future leaders and we are proud to be associated with these future community leaders!



A local group of boy scouts placed rock and pavers and worked several hours to beautify our yard. Left-to-right: Sean, Eric, Reis

BHS Students Do Yard Cleanup

Some Bismarck High School students were a big help to us at Tracy's Sanctuary House by raking the yard this fall. Thanks so much to these energetic students. We are very appreciative.

Red Hat Ladies

In June, the Pizazz Red Hat Ladies held a luncheon at Tracy's Sanctuary House. We were pleased to have this opportunity to show them the house and answer any questions they had.

Pictures of Tracy's Sanctuary House

We were very fortunate to have Jack Glasser **Glasser Images**, 5210 Prairiewood Drive, Bismarck, ND 58501, and (701)319-0719, spend some time at Tracy's Sanctuary House recently. Jack is a local photographer and he has taken some beautiful photos of all areas within the house, chapel and outside grounds. They can be viewed on our website at www.tracyssanctuary.com.

Our Guests Comment . . .

Dear Eden and Volunteers,

Thank you for providing a place to stay. It is truly a home away from home. It affords all the luxuries of home.

I can't imagine staying anywhere else for 6 weeks.

I will keep you all in my thoughts and prayers as you continue your mission for others.

God Bless you all for making my stay a very pleasant one.

- Gail

On behalf of the Grace Nistler family our gratitude is extended to all who helped us and our stay at Tracy's House. We met some wonderful people who were so willing to help in many ways. We will spread the good word on how accommodating and comfortable Tracy's Sanctuary House is.

Thank you so much.

- Grace Nistler Family

Eden and Bernice,

Thank you so much for helping us. May God richly bless you!!

- Rona and Don

Eden,

We can't thank you all enough. It was wonderful!

- Martha and Juanita

Eden,

I cannot tell you what a blessing Tracy's Sanctuary House has been to my sister and I during our time of need. It was great to have a place to not only sleep but to gather our thoughts.

We had the pleasure of sharing the house with Tracy's parents and sister. She sounds as if she was a wonderful person and very loved by all who were lucky enough to know her. May her legacy live on through this beautiful home.

- Josie and Kate

Day of Caring

United Way Day of Caring brought several volunteers to TSH on Wednesday, August 13. Volunteers from the Bank of North Dakota, Basin Electric and Tracy's Sanctuary House put the paint brushes, ladders and scrub buckets to work. Outside work that was done was paint/stain on window frames and fence and archway. Inside work included washing blinds, windows and curtains, clean oven, cupboards and refrigerators, vacuum, scrub and dusting. The day just flew by as the chores got done! A big THANK YOU goes out to all the volunteers for all the help and the gracious way they shared the pizza with the wasps.



Back row: Cloudine Galt, Donna Roll, Terry Krueger. Middle row: Marla Belohlavek, Char Feist, Julie Oglesby. Front row: Gordon and Char Matthiesen, Sandi Axt, Katie Bommersbach

The Banquet

Thanks to Tudy Fennern and the volunteers for the Banquet at Trinity Lutheran Church. The Banquet is held on Thursdays to provide a hot meal for those in our community that are not fortunate enough to have that on a regular basis. They have donated some of the leftover food to TSH so our guests are able to have some additional food available to them. THANK YOU very much! Please support the Banquet at Trinity to provide for those in need in our community.

Local Businesses Hold Fundraisers

“Steep Me A Cup of Tea” Warms Hearts

On November 21 & 22, Steep Me A Cup of Tea, held their grand opening. TSH will receive 50 cents for every cup of tea purchased between 12 noon and 3p.m. on those days. Steep Me A Cup of Tea is located at 311 S 3rd Street, Bismarck; (701) 751-8327. Try out all the interesting flavors! Check out their website www.steepme.com, too!

Presentations/Tours

Our volunteers have given numerous presentations over the past months.

Here are a few:

Rotary Club
St. Alexius Admitting Dept.
St. Alexius X-Ray Dept.
Aetna
MedCenter One UBC Dept.
St. Anne's School
Roughrider
United Way
Tara Lacher

Thank you to all organizations that have invited us to share our mission. If you know of a group who would like a tour of the House or would like a presentation at their meeting, please contact Eden.

More Thanks!

- We extend our appreciation to Rev. Darrel Aleson, who drew a picture of Tracy for Tracy's Sanctuary House. What a special gift. Many Thanks!
- Thanks to Tara Lacher for her donation of scarves she made for some of the chemo patients.
- Thank you to Brenda Stone from United Way for all your support.
- We are grateful to Good Shepherd Lutheran Church at Washington and Divide. They have donated many beautiful quilts to us.

Memorials

Donors to Tracy's Sanctuary House have recently honored the memory of:

- ♥ Rose Duppong
- ♥ Carl Zeller
- ♥ Wanda H Roszkowski
- ♥ Esther Granlie
- ♥ Marietta Eckberg
- ♥ Douglas Olson
- ♥ Ronda Fetch
- ♥ Della Rockstad
- ♥ Delores Olson
- ♥ Jan Brown

Massage Therapy Brings Comfort

Fifty-five people came to Gateway Mall on a beautiful autumn Saturday, October 25 and enjoyed a massage, raising \$833 for Tracy's Sanctuary House. A group of massage therapists graciously donated all the proceeds for that day to Tracy's Sanctuary House. What an awesome idea and wonderful gift to our organization. Thank You!!!
Massage therapists who donated their time for this fundraiser are listed below. If you are looking for a massage therapist, please consider one of these therapists.

Joy Walter (701) 400-7482	Yolanda Karas (701) 471-6703	Amanda Vinchattle (701) 400-0099	Bradley Georgeson (701) 224-8100
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Stacey Ryan (701) 250-4862	Colin Aaker (701) 400-8992	Penny Friday (701) 226-9849
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Message therapists Penny Friday, Bradley Georgeson and Joy Walter were some of the therapists that gave massages for the benefit of Tracy's Sanctuary House.

Thank You To Those Who Provide Ongoing Support

Tracy's Sanctuary House would like to extend a special Thank You to the following businesses who have pledged continued support:

Kathryn's Consignment and More - This is a new consignment shop here in Bismarck. If you choose to donate or consign an item at Kathryn's, they will donate **60 percent** of the value to Tracy's Sanctuary House if you mention it when you bring the item in. They are located at 1605 Park Ave, Bismarck, ND 58504, (701) 255-1013. Stop by often to check out their "ever changing" inventory!

A group of local dentists have been paying the MDU bill for 2008. Thank you for your help with this on-going expense!

2008 Award

Tracy's Sanctuary House has been honored with a 2008 RSVP volunteer award.

TSH is a 501c3 non-profit organization and receives no funding from federal, state, or local agencies or from any hospital/clinic. Donations are tax deductible.

Remember In Your Prayers

Tracy's brother, Scott Arndt sustained injuries in an accident in June. Please keep Scott and his wife Megan and their families in your prayers. Scott is in Missouri Slope Nursing Home in Bismarck.

In closing, we wish to thank **all** of our volunteers. Tracy's Sanctuary House is run and operated solely by volunteers. Without them, TSH would not exist. They are the core of our success.

Contributors

Since our Spring Newsletter

Below are individuals, former guests, businesses, service organizations, clubs, and schools that have donated cash, supplies, or their time and talents in support of Tracy's Sanctuary House. Your support means we can continue our mission of providing a place of solace—you have our endless thanks!

Aaker, Colin
Aetna Foundation
Aleson, Rev. Darrel
American Bank Center
Anderson, Marva
Arndt, Carl & Shirley
Arndt, Juanita
Axt, Sandi
Bartole, Lauretta
Basin Electric Power Coop.
Belohlavek, Maria
Bismarck High School Students
Bismarck Rotary BNC Bank
Bismarck-Mandan Garden Club
BNC National Bank
Boy Scouts
Brown, Tim
Brynjulson, Bryon & Laura
Brynjulson, Delores & Allen
Buchfink, Evelyn
C.M. Wynn Contracting
Calvary United Methodist Chr
Capital Electric Cooperative
Carlson, Colleen
Dakota Friends
Dauphinais, Drs. Paul & Louise
DBA Butterfly Therapeutics
Desroches, Robert & Lorraine
Disrud, Helen
Docker, Alvina
Duppong, Arthur & Audrey
Ekberg, Bill
Feist, Char
Filibeck, Jan
Franklin, Jerry or Sharon
Franklund, Ellie
Friday, Penny
Galt, Claudine
Gate City Bank

Georgeson, Bradley
Gill, Paul & Suzette
Girl Scouts
Gitter, Barbara
Glasser Images
Good Shepherd Lutheran Church
Goodmanson, Maria
Harkness, Russ and Cindy
Hayden, Thoma & Debbie
Heer, Madeline
Highland Homemakers
Holden, L.E. & N.L.
Hoovestol, Coralyn
Hughes, Angela
Humann, Karen
Jeffcoat-Sacco, Paul & Illona
Johnson, Mary Ann
Joy Fellowship Peace Church
Karas, Yolanda
Kathryn's Consignment & More
Kautzman, Gwen
KEM Electric Cooperative Inc.
Kopfmann, Donna
Krause, Maynard & Ardella
Krebs, Clyde & Peggy
Krueger, Terry
Lacher, Tara
Leingang, Dr. Gordon & Jackie
Luther, Tammy & Darrell
Meckle, Pearl & Rhonda
Mendez, Martha
Miller, June & Cris
Monteith, Gretchen
Mor-Gran-Sou Electric Co-Op Inc
NDARECs
Neff, Lorraine
Nelson, Robert & Jan
Neumann, Nicholas & Jean
Nistler, Robert or Beth or Grace

Norgard, Walter & Delores
Northridge Elementary
Norum Hoberg, Allen & Mary
Oglesby, Julie
Pizazz Red Hat Ladies
Prairie Massage
Pride Inc.
Repnaw, Darrell & Sharilan
Roberts, Curtis & Barbara
Roll, Donna
Roosevelt Elementary School
Roughrider Impala Association
Salem United Church of Christ
Sam McQuade Sr. Tournament
Schirado, Kevin & Melinda
Schmitt, Roger & Teryl
Slumberland Furniture Outlet
Smith, Rick and Orla
St. Alexius Medical Center
St. Alexius Radiology Dept.
Steep Me A Cup Of Tea
Stevens, Donald & Eloy
Stocker, Marnie
Striegel, Rita
Strom, Dorene & Glenn
Stumpf, Agnes E.
Tuesday Topics Club
Ulberg, Renee
United Printing
Vinchattle, Amanda
Wal-Mart
Walter, Joy
Welcoming Committee
Wentz, Irene
White, Dr. Peter & Jane
Woman's Life Insurance Society
Zeller, Adeline
Zeller, Donald & Donna

Our apologies if we have inadvertently missed anyone

4th Annual Christmas Open House

Our Christmas open house is just around the corner! It will be on:

Saturday, December 13

10 AM – 5 PM

Tracy's Sanctuary House

908 N 8th Street

Bismarck, ND

Pastor Rouse will hold a short ceremony. **Everyone is welcome.**

Watch and listen during the days prior to our Open House as you may hear from us on KNDR radio, KXMB TV and KFYZ TV. Bruce and Don will be interviewed on these programs.

Thanks to the J.O.Y. (Jesus Others You) Fellowship club from Peace Church in New Salem who will provide goodies for our open house this year.

In lieu of a Christmas card this year, we are consolidating our costs by sending out our newsletter and open house flyers instead. If at all possible, please post the flyer.

P.S. To help spread the news, please pass this newsletter on to your neighbors, friends, and coworkers. If you would prefer to receive this update by email, please email your address to: mavrog@juno.com
Thank you!

Tracy's Sanctuary House
908 N 8th Street
Bismarck, ND 58501

**SEASON'S
GREETINGS**